

AMERICAN FORK HIGH SCHOOL MARCHING BAND
2010 BOA Western Regional St. George
STUDENT INSTRUCTIONS

WHILE TRAVELING

1. Music allowed on headphones only.
2. Prepare instruments for travel by stuffing clothing around instrument to prevent shifting in transit.
3. Baggage: 1 large suitcase, Instrument.
4. If you feel sick please contact Mr. Miller, or a chaperon and they will help you. Please bring your own medications such as aspirin, car-sick meds, etc.
5. Maintain normal conversation levels; no loud singing, screaming, or loud laughter.

WHILE AT THE MOTEL

1. Four persons per room.
2. Please leave the room clean and orderly. Rooms will be checked regularly by the chaperon's.
3. Any damage to a room must be reported immediately to Mr. Miller, or a chaperon.
4. Remember, civilians are in the same motel so use common courtesies: no running, loud music, loud talking, loud parties, etc.
5. Male and female may not be in the same room ever. (Sorry, but it has to be.)
6. Curfew time will mean everyone is in his/her own room. Getting a pop, ice, etc., will not be allowed after curfew so please stock up.
7. Room changes can only be authorized by Mr. Miller not a chaperone!
8. **Any violation of curfew or being in the wrong rooms will result in immediate termination of your tour and you will be sent home at the earliest possible convenience.**
9. Any long distance telephone calls are to be collect and not billed to your room.
10. Please don't call other rooms after curfew.

GENERAL RULES

1. ALWAYS STAY IN GROUPS OF 4 OR MORE.
2. NEVER GO ANYWHERE ALONE.
3. If you have any problems at all, ie. homesick, regular sickness, depression, or ANYTHING, please talk to Mr. Miller, or a chaperon.
4. Remember that you are a representative of your school, the band, your community, and the state of Utah, so please don't do anything that would bring discredit to our group. (With all of our uniforms, t-shirts, jackets, it is easy to tell who we are.)
5. Dress standards will be school dress unless otherwise informed.
- 6- Lastly on this tour, let's make some fine music, and just as importantly, because you deserve it,
HAVE A GREAT TIME.

PERFORMANCES

1. Be responsible to unload and load your own instrument, uniform, and other assigned equipment. Don't expect others to do it for you!
2. After the performance, double check to see that all equipment is packed away. Don't be one of those people who sit on the bus while others are loading. If everyone helps it will be easy.
3. Don't leave uniform bags or clothes in the changing areas.
4. Please be prompt in checking in with your chaperon when requested.

SUGGESTED PACKING LIST

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|------------------------|---------------------------------------|
| 1 suit case | Swim Suit |
| 1 small carry-on bag | extra clothing for 3 days |
| Instrument | personal toiletries |
| Band Jacket | |
| Food money for 3 meals | additional spending money appx. \$50. |